



SARTHAK
FOUNDATION

SARTHAK FOUNDATION



Annual Report 2019-20



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From The Founder's Desk



A Year That Strengthened Our Humility

Dear Well-Wishers of Children,

There are always some moments and some years that are spent more beautifully than planned. These are moments when you keep thanking the Universe for bringing good energies together to create something wonderful. For the entire Sarthak Family, 2019-20 was such a year. This year has been a bouquet of beautiful flowers adding up.

Whether it was the shaping up of our children, the values and ethics being exhibited by them at various occasions, them sharing and caring for their communities and the world outside, the moments are endless.

We saw our children receiving great responses from their schools, participating in a whole lot of activities, working on their life skills and expressing concern over gender and social issues. What we also witnessed was not just their own ability to handle stress but also how they formed a social structure (beyond caste and religious differences) of supporting each other during tough times. Children have also formed a wonderful connect with nature and animals around.

During different sessions and classes like urban Yellow Room classes, Workshops, rural Gurukul classes and Events, children learnt the process of evolving in a transformational environment. Their education has been integrated with practical community experiential learning.

When we talk of all this, we need to keep in mind that we are talking about children coming from the most economically disadvantaged sections who have no access to basic comforts of life including good education.

2019-20 saw our family of supporters becoming bigger and stronger. Our supporters are wonderful souls who trust us immensely. They are people who care about the well-being of children and ensure that there is no stone left unturned while providing support to them. Our supporters have gone ahead of being our monetary providers and have got attached to different activities that help in the betterment of outcomes. They provide us with their most expensive resource -their time.

From The Founder's Desk



I cannot finish off this year's mention without talking about the base of our Foundation who make it all happen - the team. Our excellent Advisory Board, Our Volunteers and Our Full-Time Team are people whose heart and souls are connected with children and the cause. They breathe this work. All of them have been making personal and professional sacrifices to contribute to making our children happy, educated and enlightened human beings.

One can already see that 2020-2021 has started on a tough note. In such unprecedented times our resolve to bring about a betterment in slums and villages have been further resolved.

Like I always say and believe, energies and souls always come together to create a beautiful harmony. With us the energies of our children, our supporters, our members have created a beautiful and empowering environment that will nurture many more beautiful lives on this planet.

With Love! Stay Safe! Take care!

Kshama



About Us



**“We want a world full of laughter and joy for its children.
We want a world that is kind to its children”**



With a vision and mission to have **Happy Empowered Children** in slums, Sarthak Foundation reaches out to the children (3 - 18 years) from **Economically Marginalised Sections** (slums and villages) and transforms their lives through education and skills.

We work in the largest state of India - Uttar Pradesh, which has highest numbers of children engaged as labours and has one of the lowest literacy rates.

The children who we cater belong to the community of migrant labourers, daily wage earners, nomads, beggars and rag pickers. Many children are school dropouts and were into different kinds of labour.

We become a part of the community by setting up **permanent Yellow Rooms** and create a sustainable transformational environment for all the children in that vicinity.

Through our project, we do the following:

- Provide good **quality education** that focuses on building scientific, analytical, aptitude and communication skills.
- Make children a part of **formal school**, ensuring that they do not drop out and complete their education, especially girls. We have a **girl: boys ratio of 55:45**.
- Provide a safe and progressive environment.
- Meet **psychological and physiological** needs of children through clothes and food and counselling.



- Make them know their **SELF** and teach them to be sensitive towards others.
- Create an awareness of social and civic issues like gender and equip them to tackle it.
- Train them for skills that make them **employable** in future.

This year has been especially beautiful for us, as

- We have been able to strengthen our **DIGITAL** (Drive Insight to Gain Information from Technology at Low Cost) Education.
- We introduced **Children PANCHayat**, presided by 80% girls.
- We have strengthened our **NCERT Plans** and have made them more practically oriented and digitally integrated.
- Special focus has been laid on improving **STEAM Skills** among children of all age groups.
- We made our Educator Training more concrete by introducing a **4 - Tier Assessment**.



Organisational Impact



1000
Children reached
5000
Indirect Beneficiaries



55:45
Girls : Boys



95%
School Enrolment
of out of school children



90%
Yellow Room
Attendance



Panchayat by Girls
(Government)



12
Yellow Rooms across
6 slums



10
classrooms
in RTI Sarthak Gurukul
(Village School)

Our Model



Conduct Survey of Children In

Slums



Project : Sarthak Yellow Room

Free of cost programmes for all the children in the community. Children divided into 3 batches on learning levels - Tenderfeet, Learners, Advancers.

Construction Sites



Project : RTI Sarthak Gurukul

Primary low-fee rural school with collaborative and cooperative learning environment. Additionally run a free of cost After School Classes for children from other schools too.

Villages



Programmes

Sarthak Happy Transformation

- Values, Behaviour and Civic Sense
- Gender, Rights and Social Issues
- Life Skills and Corporate Exposure
- Food, Clothes and Counselling

Sarthak Holistic Education

- Linguistic, Communication, Numeracy, Scientific Skills
- Digital Learning
- Art, Craft, Music, Dance
- Indoor Games and Outdoor Sports

Sarthak School Inclusion

(admitting children to private and government schools through sponsorship and RTE)

Sarthak Skill and Empower

(providing life and employment skills training)

Sarthak Educator Training

Our Projects

SARTHAK YELLOW ROOM

Total no. of children : 1000

Class Timings : 12 p.m. - 7 p.m.

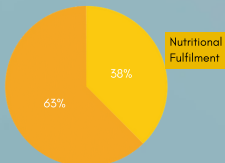
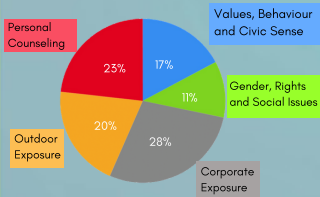
Sarthak Happy Transformation

"I learn values, respect of gender and life skills everyday. My physical and mental well-being is becoming better with time. I meet new people, which has expanded my horizons."

- Neha, 16 years, Sarthak Foundation

These sessions happen on weekly basis through

- Workshops
- Events and Outings
- Yellow Room Activities



Physiological Support - Stationery, clothes, toys, sports

These activities take place every week.

OUTCOMES

Children learn to care and love for animals, environment and humans

Children understand the concept of Gender Difference and become Gender Fair

Children look beyond "What is in it for me?" and learn to pay it forward

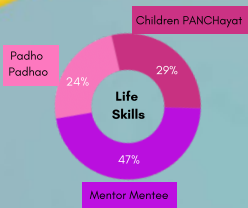
Substantial increase in confidence and awareness among children

Reduction in abuse and stress among children

Children get exposure of professional careers and meet people from different fields

Children are happy to have access to materialistic goods

Children lead a healthy childhood (physically and mentally)



Children better equipped to handle personal and social issues

Children learn to solve problems, make decisions and work in teams

Children become more connected to the community and contribute to its betterment in education

Life skills are an integral part of our Yellow Room:

1. Children PANCHayat - Programme where meetings are held every Saturday in Yellow Room and a common meeting of all the Yellow Rooms is held once a month.
2. Padho Padhao (Learn & Teach) - Programme where children teach their parents twice a week at the Yellow Room.
3. Mentor Mentee - Programme where elder children teach the younger ones in the Yellow Room.



Science Models Made by Children

Sarthak Happy Transformation

Highlight of Sarthak Happy Transformation - Children PANCHayat

Children PANCHayat helps in developing Leadership in Human Value Awardees of Sarthak. **80% of children involved are GIRLS.** PANCHayat focusses on five areas **Education, Protection, Gender, Help, Happiness and Cleanliness**.



Children PANCHayat Session



Sarthak Holistic Education

"I love reading and writing now. My English and Maths have become better. I love making Science models. Learning through television and laptop is fun."

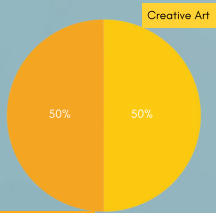
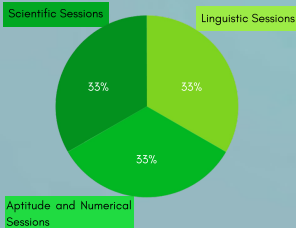
- Mehak, 14 years, Sarthak Foundation

Learning by Understanding and Doing' sessions happen daily through

- Yellow Room Classes
- Practical Applications
- Facilitating WHY and HOW

Use of

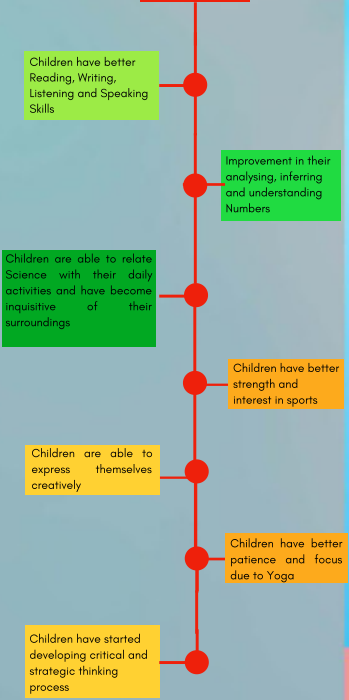
- NCERT syllabus converted into Interactive Lesson Plans
- Vikram Sarabhai Science and Maths Kit



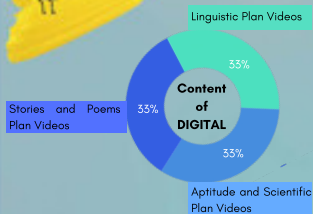
These activities take place every week

- Day starts with 15 mins Yoga
- Games and Arts also integrated with daily learning

OUTCOMES



Sarthak Holistic Education



Children have improved linguistic skills specially listening skills

Marked improvement in the learning levels and attendance of children

Attention Span and Listening Skills have become better



Traffic Light Model Made by Children



Highlight of Sarthak Holistic Education - DIGITAL

DIGITAL : Drive Insight to Gain Information from Technology At Low Cost

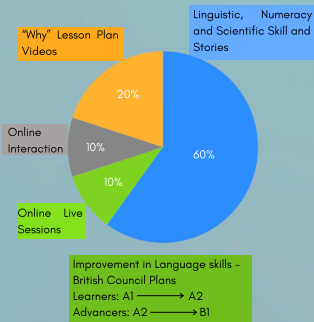
All Sarthak Yellow Rooms are digitally equipped. Currently around 1000 children in slums and villages benefit from Digital classes. Digital Class has a smart television and a laptop.

Digital Exposure is an integral part of our Yellow Room. Every lesson plan has a supporting video - Standardisation of material and assurance of quality is maintained through these plans

Use of

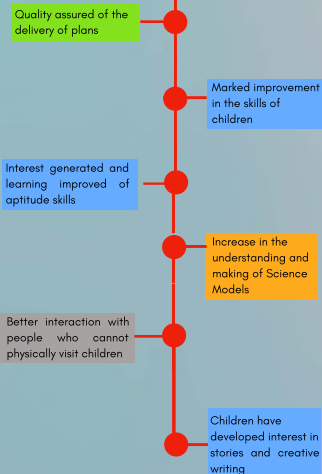
- British Council CEFR A2 and B1
- Khan Academy
- Pratham Story Weaver
- You Tube Free Source

Use of Digital Media



Digital Class in Yellow Room

OUTCOMES



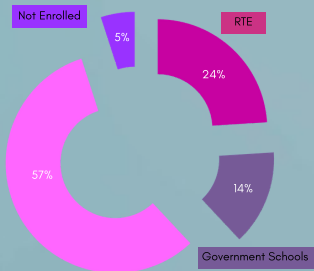
Sarthak School Inclusion

"Sarthak believes in 'Each Child in School'. We ensure that 95% of out of school children become a part of the formal education system."

V.P. Sahi, Chief Advisor, Sarthak Foundation



School Going Children



Private Schools
Through
Sarthak Scholarship

- Sarthak School Scholarship is given after a year's assessment of the child on behaviour and performance
- We also enrol children to Government Schools and ensure they don't drop out
- We utilise Right to Education (RTE) for eligible children

OUTCOMES

Ensure that no child drops out of school

97% school attendance of children

95% out of school children enrolled to formal school by Sarthak

2 children have qualified national entrance for HCL's VIDYAGYAN Residential Schools

Monthly PTM of schools attended by Sarthak Co-ordinators



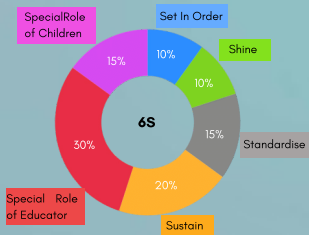
Sarthak Audit and Educator Training

"Quality of what we do and how we do is paramount to us. We ensure a combination of audit and training to ensure children receive the best from us."

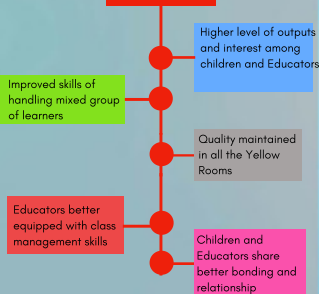
- Shalini Singh, Coordinator, Sarthak Foundation

Sarthak believes in quality delivery through Monitoring and Evaluation of its projects. This is coupled with a weekly Training of all the field staff to ensure adherence to quality. We have developed

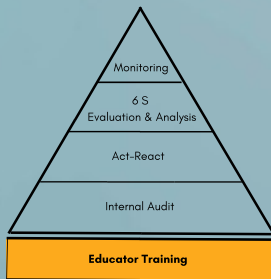
- **4-Tier Assessment** technique for improving the Quality of our programmes.
- Quality assessment is marked by **6S**.



OUTCOMES



4-Tier Assessment



Educator Training Session

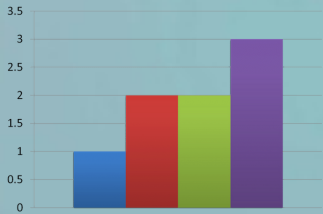


Sarthak Skill and Empower

"We understand the importance of education more when we see that we can get a job and can make our own career out of it."

- Subhash Tharu, 17 years, Sarthak Foundation

- Office Internship
- Creative Art Class
- Computer Class
- Higher Coaching



OUTCOMES

Children develop professional skills to become employable

Children acquire information of different industries

Children hone their skills and hobbies to gain employment opportunities

Children gain computer and technical skills for employment

Children prepare for higher professional careers

Sarthak has initiated its Skill and Empower programme with children above 16 years. Children can enrol in -

- Technical Skill Classes
- Computer Classes
- Higher Coaching for Professional Career
- Internships at Corporates
- Defence Classes (for admission to Defence/Police)



Children Learning Computer

Our Projects

RTI SARTHAK GURUKUL

"To see children from an interior village like Sonari become confident, well-behaved and knowledgeable is a satisfactory delight."

- R.K. Misra, Advisor, Sarthak Foundation

Sarthak Foundation runs a very low-fee primary Gurukul providing quality education to children of Sonari and nearby villages. (Sonari is a village in the district of Sitapur, Uttar Pradesh). It has been observed that there are no good schools present in this vicinity. Currently, **305 children from 8 villages** covering a radius of 10 kms attend Sarthak Gurukul. The intention is to create a model where children girls and boys from villages do not have to move out of their villages to search for education and employment. The school revolves on one SIMPLE mission

S - Sensible Digital Exposure

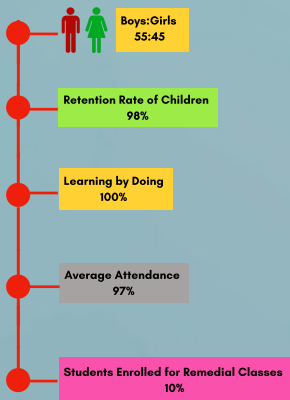
I - Independent

M - Modest Everyday Yoga, Indoor games,

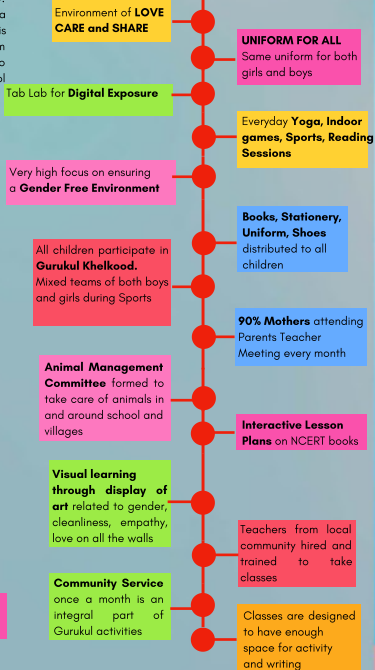
P - Playful Sports, Reading Sessions

L - Low-stress

E - Equitable



RTI Sarthak Gurukul Concept





Key Events

EXPOSURE ACTIVITIES & WORKSHOPS

In order to provide exposure and to help children become gender sensitive, honest, empathetic and better citizen, we do a lot of exposure activities and workshops for our children throughout the year. Some of our major events are:



Fly Higher



Sarthak KhelKood



Science City Visit



Annual Angels Meet



Hakuna Matata Workshop

(Stress Buster Workshop)



Gratitude Workshop



Happiness Workshop

PURPOSE

To reiterate the importance of values and make children gender inclusive

To organize an exposure activity for children by bringing people from different economic divides together

To empower children with exam preparation tips, revision tools and stress management techniques

To develop and improve life skills among children.

To implement and understand different elements of happiness and motivate children to pursue their hobbies

To help children learn the importance of having and practicing gratitude every day

Testimonials

ASSOCIATES VIEW

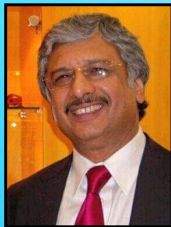
GLENCORE
AGRICULTURE

"Glencore Agriculture India has been associated with Sarthak Foundation since 2018. Our team has personally met with the children and witnessed their zeal and enthusiasm in improving their lives and breaking out of the vicious circle and poverty and illiteracy. From 3 kids in 2013 to 1000 kids in 2020 speaks volumes of the dedication of the Sarthak team, who strive to ensure that even the most disadvantaged children get a fair chance of realizing their dreams. We are happy to be associated with Sarthak and wish them good luck in their future endeavors"

- **Glencore Agriculture India**

"Sarthak for me, is God's message and handiwork, through all the angels, who work selflessly, relentlessly and diligently, to execute, what is nothing short of a humanitarian miracle. Bringing a smile on the faces of His children and adding value to their lives, by refining their cognitive and thinking abilities and making them future ready and a very integral part of nation building, that too, with limited resources, is incredible. I feel privileged and blessed to have a small connect with Sarthak and do hope I can add even the slightest value, going forward. God Bless you Team Sarthak, and may God give you the strength to multiply and scale up your model, to reach out to the multitudes who will make this country proud of these beautiful citizens, you have nurtured. I solicit the attention of all those who believe in utopia for humankind, to connect and contribute for a cause which has infinitely wonderful possibilities and which defines life and livelihoods!"

- **Mr. Kiron Chopra**



"I have been an observer of Sarthak Foundation's work since their beginning and I have seen them growing one step at a time. I have seen them taking leaps too but not once I have noticed them taking the quality for granted. The intent of the team is clear that they want to make a difference through education and I wish them all the very best for the good work that they are doing."

- **Ms. Priya Hastak**

PARENTS VIEW

"Pehle jab humne admission karaya tha tab Nasra na bol sakti thi na padh sakti thi. Ab ache se bolti bhi hai aur padhai bhi karti hai. Nasra bade hokar Doctor banna chahti hai. Hum bs yhi chahte hai padh likh kar apna sapna pura kare."

(Earlier when we had admitted her in Sarthak Foundation, Nasra could not speak and study. But now she speaks and studies well. Nasra wants to become a doctor. We just want that she fulfills her dreams by studying well).

- Ms. Parveen Bano (Nasra's Mother)



"Pehle Vikas ka mann padhai me ekdum nahi lagta tha, poora din bahar ghumta rehta tha. Jabse Sarthak jaane laga hai ab iska mann lagta hai padhai me. Sabse achi tarah se baat karta hai. Hum chahte hai yeh padh likh kar acha ban jae."

(Earlier, Vikas did not like to study. He used to come back home from school and would play outside the whole day. Now, he goes to Sarthak classes. He speaks nicely with everyone. We want that Vikas achieves success in life by studying well).

- Mr. Sanjay Kashyap (Vikas's Father)

"Laxmi pehle se padhai mai achi ho gyi hai. English mai baat karne lagi aur ghar par sabse ache se baat karti hai. Yeh sab dekh kar hume bahut khushi hoti hai. Har kisi ki madat karti hai."

(Laxmi has improved a lot in studies. Now, she speaks in English and talks politely with everyone. We feel happy seeing her. She helps everyone).

- Ms. Usha Devi (Laxmi's Mother)



OUR CHILDREN SPEAK

"Sarthak has helped me a lot in building my personality. I am able to speak about anything without hesitation. This year, I got selected in one of the biggest residential school of India, VidyaGyan. I aim to become an artist. One thing which I like the most in Sarthak is that we always spend time like a family."

**- Arti, 14 years old, Ismailganj Yellow Room,
Sarthak Foundation**



"My life has changed after coming to Sarthak Foundation. I am admitted in a good private school and I am able to speak English. I like to study BO as I want to become a Bank Manager. I love spending time with all the Sarthak's members and children."

**- Subhash, 17 years, Chinhath Yellow Room,
Sarthak Foundation**

"I like to come and study in the Yellow Room. My favourite subject is Maths. We do a lot of activities relating to numbers. After coming to Sarthak, I have learned to speak in English and developed life skills which helped me in improving my personality."

**- Nancy, 10 years old, Shalimar Garden Bay
Yellow Room, Sarthak Foundation**





UNDP Sustainable Goals 2019-20

3 GOOD HEALTH



Food Distribution - 52 times

Clothes Distribution - 47 times

Yoga, Spirituality - 1350 times

Banana Distribution - 440 times

4 QUALITY EDUCATION



Vikram A. Sarabhai Science Activity - 42 activities

Pratham Story Weaver Session - 415 sessions

Digital Classes - 1350 classes

BBC English Learning - 850 classes

Khan Academy Learning Plan - 800 classes

5 GENDER EQUALITY



Children Panchayat - 65 panchayat sittings

(Children Government)

10 REDUCED INEQUALITIES



Padho Padhao - 80 sessions

(Adult Education)

17 PARTNERSHIPS FOR THE GOALS



Foundation - 5

Corporates - 22

Individuals - 188

Our Supporters

17 PARTNERSHIPS
FOR THE GOALS



CORPORATE PARTNERS



Our Supporters

17 PARTNERSHIPS
FOR THE GOALS



INDIVIDUAL SUPPORTERS

A-D

Aakash Hemnani
Aamir Habib
Abhishek Puri
Abhishek Sinha
Abhishek Verma
Adam Persson
Aditi Choudhary
Ahmad Sameer Arabi
Amandeep Kaur
Amit Guwalani
Amit Saxena
Amit Shukla
Amrita Nidhi
Anand Kumar
Ankita Awasthi
Ankur Gupta
Anurag Gahlot
Anushree Chaturvedi
Dr. Arpita Anand
Arvind Kumar Chauhan
Ashray Sudhir
Ajay Agarwal
Ayush Anjana Kumari
Chandan Agarwal
Chandra Shekhar Bahri
Charudutta Joshi
Deepak Indoliya

E-H

Fariha Farooqui
Geetanjali Chhabaria
Geetika Singh
General Parmar
Girish Manocha
Harpreet Lehra
Hemant Nilkanth Deshmukh
Himanshu Kumar Singh
Himanshu Pandya

I-L

Induja Dixit
Jaspreet Kaur
Jeson John
Kamal Kishore Parasher
Kanav Aroua
Karthik Agarwal
Kiron Chopra

M-P

Mallika Sarkar
Manik Deshmukh
Manish Mathur Vaish
Manu Akash
Manvinder Singh
MC Ramesh
Mihir Kumar
Milind Sarwate
Milind Vinayak Bhogale
Mohan Singh Chauhan
Mohit Suri
Navneet Shukla
Neena Kumar
Neha Kedia
Neha Singh
Nidhi Gupta
Nilanjana Dutt
Nivedita Deshpande
Paluri Vamsi Krishnan
Parul Dutta
Dr. Pawan Gupta
Pooja Singh
Poolamanna Sudhir
Prakhar Saxena
Pranjal Goel
Lt cdr Prateek Agarwal
Prashant Survajhala
Pratik Nagda
Preeti Tamaskar
Priyanka Singh
Purvi Prashant Shah

Q-T

Radius Joint
Raja Ashwani
Rajiv Chauhan
Rajiv Unnikrishnan
Rishi Shivhare
Rohit Pathak
Rohit Sharma
Roli Khare
Sahil Saluja
Saiqa Syeda
S.A.L. Kabir
Sameer Grover
Sandeep Kumar
Sanjay Kapoor
Sanjeev Rai
Saurabh Kishu
Shadab Raza
Shalabh Agarwal
Shalini Singh
Shankar Balasubramanian
Shivam Sinha
Shobhit Chawla
Sridhar Kotti
Sudeep Thomas
Surabhi Shivastava
Suraj Tomar
Swati Kapoor Mehrotra
Syed Israar Ahmed
Syed Zainul Haque
Tanya Sahni

U-Z

Urvashi Enterprises
Vandita Joan Samuel
Venu Madhav
Vilas Hastak
Vishal Thakkar
VT Rajan
YHAI Lucknow Unit
Yogesh Bagga

Team



BOARD OF TRUSTEES

ADVISORY BOARD

Vijay Pratap Sahi

(Chief Advisor)

R.K. Misra

Ajay Jain

Khushal Bhargava

Vivek Choubey

BOARD MEMBERS

Kshama Hastak

(President)

Shubhendru Pandey

(Secretary)

Achintya Rai

(Treasurer)

Manas Mehrotra

Manu Akash

Rashmi Shukla

Shivangi Rai

Ashish Singh

Team



MANAGING TEAM

Vijay Pratap Sahi **Chief Advisor**

42 years experience in both corporate and academic field. He is a very well known personality in the corporate and industry sector.

Shubhendru Pandey **Head - Operation**

A humble and hard-working engineering graduate. He handles the construction site Yellow Rooms and School Inclusion Programme.

Aparnaa Jain **Head - Relationships**

Bachelor in Bio Technology. She handles all the corporate and individual relationships.

Pallavi Joshi **Head - Course and Support**

Bachelor in Education. She is responsible for preparing a central course structure based on CBSE curriculum and takes care of our supporter management.

Sakshi Rawat **Yellow Room Coordinator**

An enthusiastic engineering graduate. She handles the operation of Yellow Rooms and handles Educators' Recruitment at Sarthak.

Ankita Kalyani **Social Media Executive**

A management graduate. She is responsible for heading the Digital Marketing of the Foundation.

Kshama Hastak **Founder**

18 years experience in both corporate and academic field. An MBA from Nirma University, Ahmedabad.

Ashish Singh **Head - Quality Management**

Masters in Structural Engineering. He is responsible for ensuring processes and systems at all the Yellow Rooms and Gurukul.

Shachi Mishra **Head - Finance and Database**

A creative and intelligent graduate. She handles Finance of the Foundation and Sarthak Gurukul. She also takes care of database and creative craft.

Shalini Bhadauriya **Head Coordinator**

Masters in Social Work. She manages the operation of the Yellow Rooms, handles inventory and volunteers at Sarthak.

Virendra Kumar **Sarthak Gurukul - Vice-Principal**

Bachelor in education. He is working hard to bring about a revolution of education in his village Sonari (District: Sitapur).

Manas Mehrotra **Social Media Analyst**

An engineering graduate who works in night shift recruitment firm and works for the Foundation during the day. Responsible for heading the Digital Marketing of the Foundation.

Financials



BALANCE SHEET

Due to lockdown, we are waiting for Balance Sheet.
We will update once we receive it.

Join the Movement

FINANCIAL SUPPORT

- Sponsoring a child in Sarthak Yellow Room (**INR 700 per child per month**).
- Sponsoring a child under Sarthak School Inclusion (**INR 2200 per child per month**).
- Sponsoring a Yellow Room (**INR 70000 per month**).
- Providing digital aid, stationery and other educational material for Sarthak Yellow Room and RTI Sarthak Gurukul.

EXPERTISE SUPPORT

- Life skills sessions for children on decision making, problem solving, home skills, time management, conversational skills, values, being optimistic.
- Life skills sessions for the team on communications, time management, leadership, classroom management, effective interaction with children and innovation in teaching.
- Help in connecting to Individuals/Foundations/ Corporates for CSR (domestic/foreign).
- Your expertise in strengthening our programmes.

CONNECT WITH US



Shining Moments of 2019-20



**Let us make each child
Happy & Empowered!**



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